MAHC-10 Fall Risk Assessment Tool
Directions for Use

The Missouri Alliance for Home Care (MAHC) Fall Benchmark Project developed the MAHC-10 Fall Risk Assessment Tool in 2004. Since that time this multi-factorial tool has been used by home health agencies across the country. In 2010 Dr. Mary Calys, physical therapist with North Kansas City Hospital, Dr. Kendra Gagnon and Dr. Stephen Jernigan, both with the Department of Physical Therapy and Rehabilitation Science at the University of Kansas Medical Center, tested the validity of the tool. The result of their research was accepted by the Home Health Care Management & Practice Journal in September 2012.

OASIS-C requires a patient fall risk assessment to be conducted using a validated or scientifically tested multi-factorial assessment tool.   The research and subsequent publication of the finding means that home health agencies may now use the multi-factorial and validated MAHC-10 tool to conduct the patient fall risk assessment required by OASIS-C.

The goal of the MAHC-10 Tool is to help home health agencies improve patient outcomes and reduce falls. To that end, MAHC allows the MAHC-10 Tool to be used by agencies free of charge. MAHC extends that offer to software vendors who wish to incorporate the MAHC-10 Tool into their products used by their HHA customers/consumers.

Rules for Using the MAHC-10 Tool

1. The fall risk assessment tool used for the validation research was the MAHC-10. The MAHC-10 consists of the required ten core elements, initial instructions, scoring mechanism and threshold for risk, all of which may not be altered or changed in any way.
2. The word "MAHC-10" must remain on the form or be embedded with the tool.
3. Credit must be given to the Missouri Alliance for Home Care.

Additional information available at:
http://www.homecaremissouri.org/projects/falls/index.php